

**Campus Ministry Special Announcement**

Dear Catholic Jackets-  
It is with great gratitude for my time at Catholic Newman that I wanted to let you know that I will be leaving my position as Campus Minister. It has been an amazing almost two years to have joined you in prayer, service, and community at Newman. You are amazing young people and your faithfulness to God has strengthened my hope for the future of our Church and my own faith immeasurably. In the summer of 2023, God pointed my heart to Newman to continue to work with young people, having come from over two decades of Catholic education. From OCIA classes, bible study, Newman Nites, service trips, countless Masses and of course, lots of pizza along the way, it has been a wonderful time for me to grow in faith alongside you and I will always treasure this time I have had with you as a great blessing. You may not have been aware, but while serving you at Newman, I have also worked many hours ministering to the elderly, both spiritually and physically. To engage more deeply with this ministry with the elderly is what I think God is now calling me to do, having received a new opportunity to do so... So, I will still be a campus minister just with a swap in the age demographics! My last day will be February 26 and I hope express gratitude to as many of you in person as possible in the next few weeks. May God bless you and this wonderful community in the time ahead!

God's Blessing, Jack

**Black History Month - Celebrating the Story of Black Catholics**

**FOUR SQUARE** @NEWMAN



**Catholic Center Ground Breaking Ceremony 9am 2/24 Be There!**

**Sign up for Kairos Retreat Last chance!**

**Need for Spring '25 tutors - see Jack for details**

**Bible Study Groups 1st timers welcome!**

**JUBILEE2025!**  
Take a virtual tour of St. Peter's Basilica. This is the heart of Vatican City and the site of beginning of the Jubilee, when Pope Francis opened the Holy Door on Christmas Eve. Millions of Catholics will make a pilgrimage to St. Peter's this year. Today, you can take a virtual pilgrimage by clicking on the digital experience below. Enjoy!  
**Digital Experience of St. Peter's Basilica**  
The Papal Basilica of St. Peter  
[launchvirtual.basilicasanpietro.va](http://launchvirtual.basilicasanpietro.va)

**NEWMAN** Catholic Community at Rochester  
**MEN'S BIBLE STUDY**  
Brennan Room  
Interfaith Chapel 2nd level

Monday Night Group 1  
7:00-8:00pm

Tuesday Night Group 2  
6:00-7:30pm

Interested? Contact  
Timothy Cai (Group 1)  
tcai9@u.rochester.edu  
David Leder (Group 2)  
dleder@u.rochester.edu

Open to all college men



**James Augustine Healy Is Named The First Black Bishop In The U.S. 1875**



*Used with permission of Archive, Archdiocese of Boston*  
Although James Healy and his nine siblings—all fathered by a Georgia plantation owner—are officially slaves, their faith brings them north for education and freedom. Three of the Healy brothers—James, Patrick and Alexander—become the first African American priests in the U.S., although they do not identify with being Black and never speak on behalf of Blacks.



**Pray for Our 7 UR Candidates**



**COME JOIN US!**

**WOMEN'S BIBLE STUDY**  
Monday Evenings  
MONDAY 6:00PM  
INTERFAITH CHAPEL  
BRENNAN ROOM

For questions & interest contact Alicia Lawson at [alasl0@u.rochester.edu](mailto:alasl0@u.rochester.edu)  
Open to all college women

**NEWMAN** Catholic Community at Rochester



February 16, 2025 - Sixth Sunday in Ordinary Time (C)

Follow us! @UR\_NEWMAN @NEWMANATUR @UR\_NEWMAN Catholic Newman Community at the University of Rochester Catholic Newman Community at the University of Rochester

**Cool Thoughts**

In just over two weeks, we will mark the beginning of Lent with Ash Wednesday. Now is the time to start asking ourselves important questions and making preparations: “What does God want to give me this Lent?” and “What am I going to do on Ash Wednesday?” Too often, this sacred day can feel like just another Wednesday, except for the ashes we receive at Mass. But Ash Wednesday, and the season of Lent, invite us into a deeper spiritual journey. What else can we do to make this day and this season meaningful? God can do so much when we prepare our hearts and approach him with desire and intention.

The readings on Ash Wednesday remind us of the foundation of our Lenten practices. From the prophet Joel, we hear the call to return to God “with your whole heart, with fasting, weeping, and mourning” (Joel 2:12). St. Paul urges us in his letter to the Corinthians to “be reconciled to God” (2 Corinthians 5:20), reminding us of the grace and mercy available to us. And in the Gospel of Matthew, Jesus teaches us how to fast, pray, and give alms, not for show, but with sincerity of heart (Matthew 6:1-6, 16-18). These readings set the tone for our Lenten journey, inviting us to deepen our relationship with the Lord.

When we were children, Lent often meant giving up candy—a simple but meaningful sacrifice. As we grow older, the question becomes: What can we do to draw closer to Christ during Lent? We might ask ourselves, “What will help me grow in holy freedom and live more like Christ my Redeemer?” For some, this might mean giving up a bad habit or striving to stop judging others. For others, it could mean adding something to their daily lives, like more time in prayer, attending daily Mass, or serving the poor. Perhaps we can commit to almsgiving by redirecting the money we might spend on coffee or other small luxuries to help those in need.

Whatever we choose—whether it’s fasting, abstaining, or another act of penance—our focus should be on growing closer to Jesus. The ultimate goal is to prepare ourselves “to celebrate the Paschal Mystery with minds and hearts renewed.” The ashes we receive on Ash Wednesday, made from the palms of last year’s Passion Sunday, remind us of our mortality and our need for God. They mark the beginning of our Lenten journey, a journey into the Passion, Death, and Resurrection of Jesus.

This journey is not about saving ourselves. Jesus’ sacrifice has already done that. Instead, our acts of self-denial help us turn away from the darkness that surrounds us and open ourselves to receive his light.

Lent is also a time to embrace the healing power of penance and confession. Like physical therapy for a sprained ankle, confession is a form of spiritual therapy that helps us heal from the wounds of sin. Whether we are struggling with serious sin or long-standing bad habits, Lent offers a time for reflection and transformation. Through confession, we allow Christ to work on our hearts, naming the patterns and attitudes that need to change and taking concrete steps toward renewal. As we approach Ash Wednesday, let us embrace the call of Lent with open hearts, trusting that God will guide us on this journey of healing and renewal. Together, we can prepare to celebrate the joy of Easter with minds and hearts transformed by his love.

**PS- Final reminder to sign up by Monday for 2/21-2/23 Kairos retreat. Spots still available!**

**Rev. Brian Cool**  
Chaplain & Director  
[bcool@admin.rochester.edu](mailto:bcool@admin.rochester.edu)

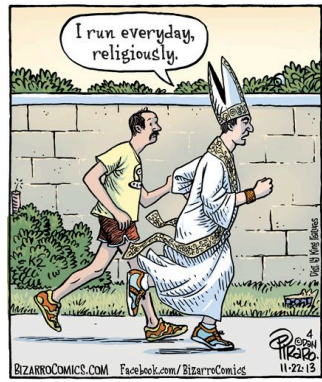
**Jack Ruppert**  
Campus Minister  
[jrupper2@ur.rochester.edu](mailto:jrupper2@ur.rochester.edu)

**Darlene Giardina**  
Bookkeeper  
[dgiardi2@ur.rochester.edu](mailto:dgiardi2@ur.rochester.edu)



# GET INVOLVED

## NEWMAN



Newman Laughs

Newman relies on the generous support of Alumni, Parents, Local Residents, and Students for 90% of our budget. Your support of our Sunday collection is deeply appreciated!

Give to our Collection Via Venmo

Collection Report		
02/09/25		
Weekly Actual	Weekly Goal	Variance
\$217.00	\$378.00	-\$161.00
Y-T-D Actual	Y-T-D Goal	Variance
\$12,926.93	\$13,518.00	-\$591.07
Y-T-D is Financial Year July 1-June 30		



Mass Intention: Fr. John Crowley, Thelma Sirianni, Raymundo Nonato

SECOND SEMESTER  
SET THE DATES ASIDE FOR  
KAIROS 44  
RETREAT  
Last week to sign up!



FEBRUARY 21 - 23, 2025



NEWMAN Catholic Community at Rochester Newman Catholic Community at RIT

THE HUMAN HEART PLANS THE WAY,  
BUT THE LORD DIRECTS THE STEPS  
PROVERBS 16:9

God's Timing, Our Trust



NOTRE DAME RETREAT HOUSE ON  
CANANDAIGUA LAKE  
\$40 FOR LODGING/MEALS  
(SCHOLARSHIPS AVAILABLE)

**NEWMAN**  
Catholic Community of Rochester

### Insta Mass

EVERY WEDNESDAY AT 9 PM,  
FOLLOWED BY PIZZA

## CATHOLIC MASS

### SUNDAY

10:30 AM & 7:00 PM  
INTERFAITH CHAPEL

MONDAY-TUESDAY-THURSDAY  
12:30PM

WEDNESDAY INSTAMASS  
9PM INSTAMASS

SIGN UP TO RECEIVE  
TEXT UPDATES

## Sacrament of Reconciliation

Send an email to [bc00l@admin.rochester.edu](mailto:bc00l@admin.rochester.edu) to make a personal appointment or come 30 minutes before mass!  
Sunday Mass - 10:30am  
At the Interfaith Chapel

**NEWMAN**  
Catholic Community of Rochester

Join us for the historic  
JOSEPH P. MACK CATHOLIC CENTER  
**GROUNDBREAKING**

**FEB 24<sup>th</sup> 2025 9:00AM**

COFFEE & DONUTS | FUN GIFTS | GOOD TIMES

1 Faculty Road (behind the GAC)

**NEWMAN**  
Catholic Community at Rochester

ARE YOU A  
**GRADUATING SENIOR?**

GIVE A SENIOR REFLECTION

YOU IMPACT EVERYONE AT NEWMAN,  
ENCOURAGING US IN OUR FAITH!

AVAILABLE DATES:

3/23 - 3RD SUNDAY OF LENT	4/13 PALM SUNDAY
3/30 - 4TH SUNDAY OF LENT	4/20 EASTER SUNDAY
4/6 - 5TH SUNDAY OF LENT	4/27 2ND SUNDAY OF EASTER
	5/4 3RD SUNDAY OF EASTER

WANT TO SIGN UP?? EMAIL FR. COOL  
[BCOOL@ADMIN.ROCHESTER.EDU](mailto:BCOOL@ADMIN.ROCHESTER.EDU)

## ASH WEDNESDAY

LENT BEGINS

**WHAT IS LENT?** PRAYING ----- FASTING ----- ABSTINANCE

The 40-day period from Ash Wednesday and before Easter Sunday. It is marked by prayer, fasting, abstinence, and other acts of penance.

**WHAT IS FASTING?** One meal a day, and two smaller meals which if added together would not exceed one full meal.

**WHAT IS ABSTINENCE?** Abstinence is refraining from eating meat. Meat is considered to be the flesh and organs of mammals and fowl.

**DAYS OF FAST?** Ash Wednesday, Good Friday

**DAYS OF ABSTINENCE?** Ash Wednesday, All Fridays of Lent, Good Friday

**WHO ARE REQUIRED?** Catholics from age <18 to 59>

The sick and expectant mothers are excused from fasting.

older than **14** years old

Looking ahead, Lent begins on March 5, Ash Wednesday

Enter the prayer of silence with our Lord!

## EUCCHARISTIC ADORATION

**BRENNAN ROOM**  
Sunday 11:45am-12:30pm  
After 10:30am Mass

**SANCTUARY**  
Wednesday 8:10pm-8:45pm  
Before Insta-Mass

**NEWMAN**  
Catholic Community of Rochester

## ROSARY GROUP

Wednesdays  
7:30PM

Interfaith Chapel  
Sanctuary

Contact: [alaws10@u.rochester.edu](mailto:alaws10@u.rochester.edu)