

OCTOBER BIRTHDAYS



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|---------------------|------------------------------|--------------------------|
| 1 - ROSE JOKIEL | 10 - LEONARDO ZAMBRANO-TAPIA | 21 - EMILY SHENKUS |
| 2 - NICHOLAS OLWELL | 11 - JOHN CANNING | 21 - MATTHEW STEPHEN |
| 4 - JOSEPHINE FREIS | 11 - AILISH CUTHBERT | 22 - JOSEPH MALIK |
| 4 - EMILY KONDROT | 11 - DOMINIC FIACCO | 23 - PAIGE GAYNIER |
| 5 - JORDAN HETU | 11 - SCOTT SOMMERVILLE | 25 - MARIA CASTRO |
| 5 - JEFFREY JOSE | 14 - ISAAC ONDO | 25 - ANNA KRAFT |
| 5 - SARAH MASON | 16 - MIA ALEX | 25 - PAULINA MARTINEZ |
| 6 - PAUL BLOOM | 17 - PAUL DESOUSA | 27 - JULIA ESCOBAR |
| 8 - SYDNEY CARTER | 18 - KEVIN VELLON | 28 - CAROLINE CUCUZZELLA |
| 8 - ALICIA LAWSON | 19 - HANNAH GOLDBERG | 29 - HARRISON ECK |
| 8 - KARA STACHURA | 19 - OLIVIA TOKISH | 31 - QUINTEN NEUDORF |
| 10 - JOANN LE | 21 - JOSHUA ADVIENTO | |
| 10 - MATTHEW LUCHT | 21 - WINSTON FRANCISCO | |



MORE @ NEWMAN

FOUR SQUARE @ NEWMAN

Have a fun Fall break!

Newman T-shirts available next week at our events! Get yours!

We are still recruiting new tutors - see Jack for details

Prayer Alert! October is Rosary Month

NEWMAN Catholic Community at Rochester

the strong NATIONAL MUSEUM OF PLAY

SPECIAL EVENT - COLLEGE NIGHT
\$10 TICKETS (1/2 PRICE) - FREE RIDES
Friday November 8 / 8:30PM - 11PM

The Strong Museum is full of fun activities, historical toys, a ropes course, butterfly garden and more

QR SIGN UP
Meet at Interfaith Chapel @8PM for rides

NEWMAN Catholic Community at Rochester

Week of October 14th

This Week: Tues and Thurs Daily Mass
12:30pm Sanctuary

Monday October 14
FALL BREAK - Enjoy!

Tuesday October 15
FALL BREAK - Enjoy!

Wednesday October 16
OCIA Session - 7:45 Conference Room
Insta-Mass 9:00pm Sanctuary
(T-shirt handout and pizza after Mass!)

Thursday October 17
Newman Nite 6pm River Level

Sunday October 20
Mass 10:30am River Level
Eucharistic Adoration (Brennan Room) @ 11:45am
Mass 7pm River Level
(PM Mass followed by 3rd Sunday Supper and St. Sebastian Society Meeting)

Cool Thoughts

This October, the Catholic Newman Community at the University of Rochester is joining the nationwide effort by the United States Conference of Catholic Bishops (USCCB) for the National Catholic Mental Health Campaign. This initiative focuses on the importance of mental health care within the Catholic community, promoting awareness, support, and access to resources for those facing mental health challenges. The campaign underscores the Church's compassionate response, emphasizing that mental health is an essential part of overall well-being—body, mind, and spirit. You can learn more and join the novena at USCCB Mental Health Novena here: <https://www.usccb.org/resources/novena-mental-health>

The campaign seeks to destigmatize mental health struggles and encourage individuals to seek help. The Catholic Church teaches that every person is a child of God, deserving of love, dignity, and support, especially during difficult times.

Additionally, the University of Rochester is committed to supporting the mental well-being of all students. Here are a few resources available on campus:

1. University Counseling Center (UCC) provides confidential counseling services, including individual and group therapy, crisis intervention, and workshops addressing issues like anxiety, depression, and stress management. To schedule an appointment, visit www.rochester.edu/ucc or call (585) 275-3113. UCC Crisis Line: Available 24/7 for immediate support at (585) 275-3113.

2. The CARE Network at the University of Rochester identifies and supports students who may be struggling. Whether you're dealing with personal challenges or concerned about someone else, CARE offers confidential assistance. Visit www.rochester.edu/care for more information or call (585) 275-4085.

3. The College Center for Advising Services (CCAS) supports undergraduate academic success by providing advisement in a respectful, supportive, and confidential environment. Advisors help students find accurate academic information, explore opportunities, and solve academic problems. Walk-in and scheduled appointments are available. Learn more at www.rochester.edu/college/ccas or call (585) 275-2354. A great resource when struggling with academic issues and questions. Seek them out early when possible.

Newman Faith-Based Support

The Catholic Newman Community offers pastoral support. Campus Minister Jack Ruppert and I are available to provide spiritual guidance, whether you're dealing with life issues or seeking a confidential conversation. You can drop by during the week, schedule a meeting, or speak with us after Mass. We are here to support your spiritual journey and help you find peace.

1. Community and Connection

- **Small Groups:** Join one of our small groups, such as Bible study, Rosary groups, or Newman Nite, where you can connect with others who share your faith and offer mutual support during difficult times.
- **Weekly Mass and Adoration:** Find peace and strength through prayer and the presence of the Eucharist. Join us for daily Mass, Adoration, or spend time in our Chapel for quiet reflection.

Seeking help is a sign of strength, not weakness. The National Catholic Mental Health Campaign reminds us that mental health is an essential part of our journey toward holiness.

Let's support one another, break the stigma, and walk together in hope. If you or someone you know needs support, don't hesitate to reach out. We are here for you.

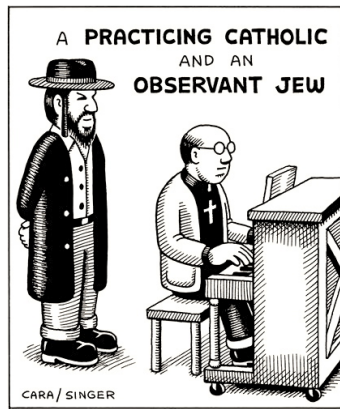
Peace, Fr. Cool

Rev. Brian Cool
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A PRACTICING CATHOLIC
AND AN
OBSERVANT JEW

CARA / SINGER

Newman Laughs

Newman relies on the generous support of Alumni, Parents, Local Residents, and Students for 90% of our budget. Your support of our Sunday collection is deeply appreciated!

Give to our Collection Via Venmo

Collection Report		
10/06/24		
Weekly Actual	Weekly Goal	Variance
\$1,019.00	\$378.00	\$641.00
Y-T-D Actual	Y-T-D Goal	Variance
\$8,161.71	\$6,492.00	\$1,669.71

Y-T-D is Financial Year July 1-June 30



Mass Intention: Fr. John Crowley, Amy Crowe Wolcott

GET INVOLVED

NEWMAN

COME JOIN US!

WOMEN'S BIBLE STUDY

Monday Evenings

MONDAY
7:00PM
INTERFAITH CHAPEL

For questions & interest contact Alicia Lawson at alaws10@u.rochester.edu or (607)542-5708

MEN'S BIBLE STUDY

Conference Room
Interfaith Chapel 2nd level

Monday Night Group 1
7:00-8:00pm

Tuesday Night Group 2
6:00-7:30pm

Interested? Contact
Tim Cai (Group 1) tcai9@u.rochester.edu
David Leder (Group 2) dleder@u.rochester.edu

Open to all college men

INFLECTION POINT

A CONVOCATION OF CATHOLIC STUDENT LEADERS

A gathering of Catholic student campus leaders, club officers, and fellows to reflect upon our present moment of Christian witness.

NOVEMBER 15-16
at Cornell University
Ithaca, NY

Few would deny that the Church is approaching an inflection point, even while we may disagree about where the Church is and should be headed. At such a moment, it is important to step back to ponder individually and collectively the question posed to Adam and Eve in the Book of Genesis, "Where are you?" For Catholic student leaders—Where are young Catholics in the pews and on campuses? Where do we find ourselves amidst various competing frameworks of modernity, and where do we find our identity as Catholics?



Insta Mass

EVERY WEDNESDAY AT 9 PM
FOLLOWED BY PIZZA

JOIN US AT THE INTERFAITH CHAPEL

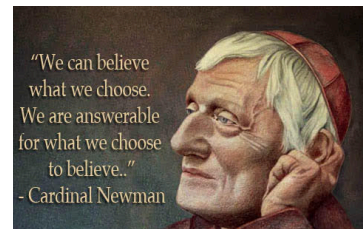
EVERY THURSDAY AT 6PM
NEWMAN NITE
Free home-cooked meal and fellowship

Sunday Mass

Join us every Sunday at
10:30AM & 7PM
@ The Interfaith Chapel

Sacrament of Reconciliation

Send an email to bcool@admin.rochester.edu to make a personal appointment or come 30 minutes before mass!
Sunday Mass - 10:30am
At the Interfaith Chapel



JOIN US FOR

Daily Mass

IN THE SANCTUARY

MONDAY, TUESDAY & THURSDAY

Sign up to receive text messages with our schedule

Eucharistic Adoration

BRENNAN ROOM 11:45am-12:30pm
AFTER SUNDAY 10:30AM MASS

Enter the classroom of silence with our Lord!

ROSARY GROUP

Mondays 8:15PM

Interfaith Chapel Sanctuary

Contact: alaws10@u.rochester.edu

Eucharist Series

Final year of the Eucharistic Revival
Join Fr. Bob Kennedy
Following 7pm Sunday Mass
A Three Talk Series

- Eucharistic Presence - October 27th 8:00pm
- Eucharistic Sacrifice - November 3rd 8:00pm
- Eucharistic Living - November 10th 8:00pm

ST. SEBASTIAN SOCIETY VSAAC SIGMA CHI PRESENTS

5th Annual Pass-Punt & Kick

October 26th, 4:30-6:30
Fauver Stadium

\$5 DOLLARS PER PERSON (2 PEOPLE PER GROUP - \$10 A GROUP)
MEN'S, WOMEN'S, CO-ED, AND VARSITY ATHLETES DIVISIONS

Register Now →

PROCEEDS SUPPORT THE BOYS AND GIRLS CLUB OF ROCHESTER CHRISTMAS FUND
\$25 AMAZON GIFT CARD TO WINNERS



YOU'RE INVITED TO

PUMPKIN CARVING CONTEST

THURSDAY, OCTOBER 26
6 PM @ NEWMAN NITE

SPECIAL HALLOWEEN MENU

COME WIN AND GET YOUR PRIZES

Experience SEEK25 and connect with thousands of young Catholics seeking to hear the call and live differently.



seek

focus

JAN 2-5, 2025
WASHINGTON DC

ENCOUNTER

You're always being called deeper into relationship with Jesus Christ and His Church — come and see what's next!



TRANSFORMATION

Experience truth, beauty, and goodness; hear from renowned speakers, events, entertainment, sponsors and more! Find out what it means to *Be the Light*.

COMMUNITY

We are not made to be alone! Connect with peers, come together with the greater Church and journey together.

[HTTPS://SEEK.FOCUS.ORG/WASHINGTON-DC/](https://seek.focus.org/washington-dc/)

Talk to Fr. Cool, Jack or Alicia Lawson (alaws10@u.rochester.edu) if interested